



Packing Checklist

Use this list to release your packing stress

Documents & Money

- ☐ Passport
- ☐ Copies of passport, and itinerary (digital & physical)
- ☐ Chinese cash (not necessary, can exchange it at the airport after arrival)
- ☐ Credit/debit card (ensure international usage is enabled)

Tech & Connectivity

- ☐ Unlocked phone (for local SIM/eSIM)
- ☐ Chinese SIM card with a local phone number (can be purchased on Amazon before your trip).
- ☐ Portable power bank
- ☐ Universal travel adapter (China uses Type A, C, and I plugs)
- ☐ Cellphone charger

Health & Toiletries

- ☐ Prescription medication
Basic first aid kit (painkillers, band-aids, etc.)
- ☐ Travel-size toiletries (some hotels may not provide essentials)
- ☐ Hand sanitizer & tissues (some public restrooms may lack supplies)

Miscellaneous

Download listed apps before the trip:

- ☐ -VPN (I suggest Surfshark)
- ☐ -Translator (Microsoft Translator or Apple Translate)
- ☐ -Amap (Must have! Real time navigation)
- ☐ -Wechat (link the credit card)
- ☐ -Alipay (link the credit card)
- ☐ -DiDi (link the credit card)



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Outfit Plan

- ☐ Underwear & socks
- ☐ Cover-ups Lightweight daywear (shorts, t-shirts, tank tops)
- ☐ Evening wear (casual dresses, light shirts) Sandals/flip-flops
- ☐ Hat and sunglasses
- ☐ Lightweight jacket or sweater for cooler evenings

Skin Care

- ☐ Broad-spectrum sunscreen (SPF 30 or higher)
- ☐ After-sun lotion or aloe vera gel
- ☐ Lip balm with SPF
- ☐ Waterproof makeup (optional)
- ☐ Face mist to stay hydrated
- ☐ Insect repellent

Essentials:

- ☐ Towel or blanket
- ☐ Reusable water bottle
- ☐ Snacks
- ☐ Umbrella
- ☐ Books or e-reader
- ☐ Underwater/waterproof camera or camera protection
- ☐ Small backpack for day trip



Packing can feel stressful, but in the end, you really just need three things: your passport, your phone, and credit card.